Learning Pod Self Reflection

Please answer the following questions in this document in preparation for your initial team meeting. This information will allow your team members to get to know how you work best so that the group can make team agreements that work for all.

What is your preferred mode of remote communication?

* I preferred mode of remote communication is Google docs, Mattermost or Discord.

What are your communication strengths?

* I am good at listening to other people's good ideas and combining the inspiration I get with my own original points.

What are your communication weaknesses? Where would you like to grow?

* If a group member has a lot of good points but is unable to express their own ideas, I'm sorry to interrupt. I'm mainly afraid that I might say the wrong thing or that the other person won't understand.

Do you consider yourself an introvert or extrovert?

* I tend to introvert for not familiar people, but for a close friend 90% extrovert.

What time zone are you in?

* PST

What time of day do you prefer doing academic work?

- I prefer to do academic work at noon and in the afternoon until 9 pm. Because there is plenty of time to rest, I can ensure that I can devote more focus.

When are you upset do you tend to share this with others or keep it to yourself?

* I will only feel a little depressed when I encounter great difficulties that I cannot solve on my own, or when I break up with someone I care about. Otherwise, I'm okay. I prefer to solve problems on my own and don't want to bring negative emotions to my friends and loved ones. If I encounter any problems during the course, I will communicate with my classmates and professors.

What do you like about group work?

* Different people have different opinions on the same issue, and everyone has their own area of expertise. Working together in this way allows us to combine the best of all these different points of view.

What don’t you like about group work?

* Because the team members are not familiar with each other, there is no guarantee that the other person can complete the assigned tasks well and on time.

What else would you like your team to know?

* I must do my best to do group work and finished it on time. If there is any correction needed in the writing (such as grammar error or content need to be more specific). Please feel free to let me know, I would be happy to take your comments into consideration.